



Chatterbox

St Clair Youth and Neighbourhood Team (S.C.Y.N.T)

St Clair Community Project, Erskine Park Community Project, St Clair Youth Project

Also servicing surrounding areas. **Phone:** 9834 2708 **Website:** www.scynt.org.au

Address: 1 Autumnleaf Parade, St Clair **E-mail:** info@scynt.org.au

Post: PO Box 81, St Clair 2759 **Fax:** 9834 6066

Term 3, 2011 Newsletter



Neighbourhood News & Information

New Groups

Expressions of interest are now being taken by the team at SCYNT for the following new groups.

Cooking Classes, Book Club, Creative Art Group, Quit Smoking Support Group, Parenting Classes, Walking Groups, Tai Chi, a St Clair Resident Action Group and an Erskine Park Resident Action Group. If you would like to see any or all of these groups up and running let the team know by

Phone: 9834 2708 or

Email: kimcarter@scynt.org.au

Welcome to COLYTON!!!

This is the first time SCYNT has delivered the Chatterbox into the homes of Colyton.

The Chatterbox is your Community Newsletter jam packed full of Neighbourhood News, what's happening in and around your community & surrounding areas, current SCYNT groups, activities and events. The team will be heading out to your area to meet residents and find out what you would like to see to improve community life in Colyton, so keep an eye out for us. Otherwise we'd like to hear from you. Visit our website

www.scynt.org.au for everything SCYNT.

St Marys Area Community Development Project (SMACD) also has groups and activities you may be interested in. Visit their website www.smacd.org.au or call their friendly team on 9673 2169

Neighbourhood Centre Services:

Information and Referral

We provide a free and confidential information and referral service that includes counseling services, home care, disability and youth services

Justice of the Peace

Available Mon-Thurs 9am-2pm please call prior to ensure availability: 9834 2708

Photocopy & Fax Service

15 cents-one sided copy
20 cents-two sided copy
\$2 per fax

Free Book Exchange

We have a book exchange where you can borrow, donate or swap a book

Hall Hire (St Clair)

Contact Rosie on 9834 2708

Hall Hire (Erskine Park)

Contact Penrith Council on 4732 7939



Find us on
Facebook

We have just launched our new Facebook page. Log onto your Facebook account, type in the search bar; St Clair Youth and Neighbourhood Team and click the 'Like' button. Keep updated instantly on our news, events, groups and activities.

The SCYNT Team

- *Coordinator-Linda Hayman
- *Admin/Facilities-Rosie Cannon
- *Community Development Worker
Belinda Wheeler
- *Youth Development Worker
Pete Carney
- *Community Worker-Kim Carter
- *Community/Youth/Kids Worker
Naomi Tarr
- *Promotions/Community Worker
Frances Zammit



Come meet our friendly team at the Autumnleaf Neighbourhood Centre. We are open from 9am to 3pm Monday to Thursday. Ask a question, join a group or just have a look around.

UNLEASH YOUR HIDDEN ART TALENT

SCYNT will be holding an art & colouring-in competition to celebrate 'National Children's Week'. The Theme this year is 'I Belong'. Ages 3-8years can enter our colouring-in competition and ages 9-18years can enter our 'Creative Art' competition. This competition is open to local students only who attend schools in St Clair, Erskine Park and Colyton. There will be 5 judging categories with prizes for the winners. Local schools will be contacted shortly, so keep your eye out. For more details on how to enter call the team on 9834 2708 or email belindawheeler@scynt.org.au

KEEP OUR KIDS SAFE

Donna Guest, a local resident of St Clair is on a mission to make the school crossing on Timesweep Dr outside of St Clair Public School safer. With no lines or flags to mark the crossing it makes it difficult to see that there actually is a school crossing. Donna has rallied the power of the police to periodically monitor the area with several fines being issued. Donna is currently obtaining signatures for a petition to put to council for the implementation of a 'School Drop-off and Pick-up Zone' If you would like to add your name to the petition you can at:
Autumnleaf Neighbourhood Centre (behind St Clair Shops) or call Donna on 0426 233 661
Any support is welcomed and greatly appreciated!



Neighbourhood News & Information Continued..

Useful Numbers

- * In case of an Emergency dial **000** (Life threatening situations)
Police, Fire Brigade or Ambulance assistance
- * Police assistance line **131 444**
(for non urgent assistance)
- * Crime Stoppers **1800 333 000**
(Crime Information)
 - *Mt Druitt Police Station
(02) 9675 0699 (Open 24hrs)
 - *St Marys Police Station
(02) 9677 7499 (Open 24hrs)
 - *St Clair Library **9670 6853**
 - *Penrith City Council
02 4732 7777
- *Poisons Information **131 126**

Join our Harvest hub

Harvest hub is a community buying fruit and veggie group. Each week Harvest hub members receive a bag full of fresh fruit and veg direct from the market for as little as \$20, and whilst other buying groups require members to make early morning trips to the market, Harvest hub does it all for you. Here at SCYNT we are keen to start up a hub. We have 8 people registered and only need 2 more to make it happen. Why not give it a try? Let us know if you're interested on **9834 2708** or email belindawheeler@scynt.org.au For more info go to www.harvesthub.com.au



Small Bag \$20

Medium Bag \$30



Changing the world one gift at a time

Freecycle is a grassroots, not for profit movement of people who are getting and giving stuff for FREE in their own communities. Its a great way to recycle and make use of old things lying around the home. Go to www.freecycle.org enter your postcode or suburb and find a group near you. And best of all **IT'S FREE!**

SAVE ENERGY \$\$ THIS WINTER

You can now borrow a FREE Power Mate energy meter from Council's Penrith City Library branches. The Power-Mate energy meter allows householders to identify and reduce energy costs by showing how much their appliances cost to run. Simply connect the meter between the power socket & the appliance. The meter measures the electricity use, greenhouse gas emissions and energy costs while in use and standby mode. The meter's are available to borrow from St Clair, St Marys & Penrith libraries for a 7 day period. The library is FREE to join if you live or work in the Penrith City area.. St Clair library has 15 available for loan. Call St Clair library on **9670 6853** or Penrith City library **47 327 891** for more information.

St Clair Backyard Vegetable Growing Group!



Are you a backyard veggie grower and want to get together with other growers? Do you want to learn to be a backyard veggie grower? For more details

Phone: **0417 327 797**

Email: lsweeney@bigpond.net.au

Or join our meetings every third Monday of the month at 6:30pm at the Autumnleaf Neighbourhood Centre.

You can also visit our website www.underthechokotree.com

NEW SCYNT WEBSITE

The new SCYNT website is up and running. Go to www.scynt.org.au to see what's happening in your local Community Centre. Catch up on what's happening at the Youth Centre, Erskine Park Community Centre and Autumnleaf Neighbourhood Centre and keep up to date on up coming events.

Community Car Boot Sale

The last Car Boot Sale for the year will be held on **Saturday 12th Nov 2011** For more information or to book a stall call the team on **9834 2708** or Email kimcarter@scynt.org.au

I WISH EVERYDAY WAS THURSDAY KIDZ ARCADE FUN (years 8-11)

My name is Liam & I'm almost 11 yrs old & each Thursday I go to Kidz Arcade. At Kidz Arcade the team leaders are Naomi, Frances, Belinda & sometimes Pete. They organise lots of fun things to learn & do. I like to go to Kidz Arcade because I meet up with friends, old ones from school & new ones I have met there. After our group activities we have free time which is great. We play Air Hockey, Table Soccer, Billiards, Arcade Games, Xbox, Play Station or just play in the enclosed backyard.

SCHOOL HOLIDAY FUN

Come join us this school holidays on Thursday **7th & 14th July** from 10am-1pm
Kidz Arcade is proudly sponsored by **ST MARYS BAND CLUB**



Do you want
Healthy * Active * Happy * Kids?

Join in the fun and learning that is **Go4Fun®!**

Go4Fun® is a **FREE** family healthy lifestyle program for children aged 7-13 years (and their parents & carers) who are above the healthy weight range. Go4Fun® is fun, interactive and supports children and their families to adopt a healthy lifestyle and a long lasting healthy approach to living. Go4Fun® will be running in St Clair at Cook Parade Neighbourhood Centre on Monday's and Wednesday's from 4pm to 6pm starting **18th July 2011**

FOR MORE INFORMATION CALL
AMANDA ON (02) 9840 3872

Contours Healthy Tip Of The Term


- 10 look good & feel great tips for Winter
1. Move more. Use stairs, lose the remote
 2. Reduce stress. Go for a walk, read a book
 3. Stay hydrated. Heating sucks moisture away. Herbal teas are hot & hydrating
 4. Plenty of rest. Being over tired depletes immune system
 5. Eat fruit & Veg. Veggie soups to fill up
 6. Stretch. Move & get blood pumping
 7. Always eat breakfast. Most important. Hot porridge add apple or honey, yum
 8. Prepare meals. Cook ahead & freeze
 9. Wrap up warm & go out, keep moving
 10. Join Contours. Start before summer hits call Contours Erskine Park on **9834 1544** or erskinpark@contours.net.au



SCYNT GROUPS and ACTIVITIES

For more information on our activities
please contact the team on 9834 2708



	Autumnleaf Neighbourhood Centre 1 Autumnleaf Parade St Clair	Erskine Park Community Centre 57 Peppertree Drive Erskine Park	St Clair Youth Centre 97A Cook Parade St Clair 9834 2704
Monday	Patchwork Group 1:00pm - 3:30pm Cost: \$10.00 per class	Drama Classes (7-12 years) 4:00pm-5:00pm Cost: \$6.00 class	Youth Drop - In (12-18yrs) 3:00pm - 6:00pm Cost: Free
Tuesday	Gentle Exercise Class 11:00am - 12:00pm Cost: \$4.00 per class NEW Drama Class (7-12 years) 3:30pm - 4:30pm Cost: \$6.00 Fab 40's Social Group 12:30pm - 2:30pm (Fortnightly) Cost: Depending on Activity	Yoga Classes 10:00am - 11:30am Cost: \$6.00 per class NEW Evening Art Class 6:30pm - 8:30pm Cost: \$10.00 per class Starts 5th July 2011 	Learning Lounge 3:15pm - 5:15pm High School Students In school terms This is a homework help centre with tutors, a math power program and internet access Cost: Free
Wednesday	ESL—Tutoring for Adults 9:30am—10:00am Tutoring reading and writing in English Bookings Essential Cost: FREE 	Evergreen Seniors Group 11:00am - 2:00pm (Fortnightly) Cost: Depending on Activity 	Youth Drop - In (12-18yrs) 3:00pm - 6:00pm Pool tables, arcade games, play station & more....and it's FREE 
Thursday	Gentle Exercise Class 11:30am - 12:30pm \$4.00 per class	Watch this space for new groups	Kids Arcade for 8 - 11 years 3:30pm - 5:00pm Cost: \$3.00 per session Sponsored by St Marys Band Club
Friday	Are you thinking of having a party but dread the thought of having 15 to 100 people tramping through your home? Why not hire a hall? We have 3 halls available for hire... Call 9834 2780	Sewing Group 10:00am - 12:30pm \$12.00 per Class (Child care available) Youth Drop - In (12-17 yrs) 3:00pm-5:00pm Cost: Free	Learning Lounge 3:15pm - 5:15pm Primary aged Students In school terms This is a homework help program Cost: Free

Hang Out

Meet new friends

YOUTH SPACE

Arcade Games

play Pool

I am based @ Autumnleaf Neighbourhood Centre, Monday -Thursday during school hours & @ the youth centre during afternoon activities. I'm available for advice, information & referral on youth related issues. I am always keen to hear from young people who have ideas on what they would like to do at the centre or any issues of concern within the community. So if you have any questions, ideas or just want a chat, drop in or give me a call.

Pete - Youth Development Worker to contact call — Youth Centre: 9834 2704 Mobile: 0404 787 330

Youth Services that we can provide:

- Court Support - Referral
- Employment assistance, i.e. Writing resumes & job apps
- Photocopier, computer, fax & telephone is available to young people for FREE for employment & educational purposes.
- Homework assistance (we have a homework room that is equipped with computers)

ST CLAIR YOUTH CENTRE SCHOOL HOLIDAY PROGRAM 12-18yrs

Monday 04.07.11
Drop-in
Cooking Activities
 10am-3pm
 Just hang out or you can show off your cooking talent

Tuesday 05.07.11
Drop-in/Art Space
 10am-3pm
 We will have an Art Space set up. Learn some new art skills today

Thursday 07.07.11
Outing to Werrington Youth Centre
 Sports Carnival & Comps
 Bus will leave St Clair Youth Centre @ 9:30am & return 4pm-Cost \$2.00

Monday 11.07.11
Drop-in/Art Space
 10am-3pm
 Unleash your creative talent. Paint a masterpiece or draw something cool

Tuesday 12.07.11
Monster Skate Park Homebush-Bus will leave St Clair Youth Centre @ 10am and return @ 5pm
 Cost: \$15.00(under16) \$20.00 (16 and over)

Wednesday 13.07.11
Drop-in
Cooking Activities
 10am-3pm
 Outdoor games, Play Station or have a go on our skate ramps

Volunteer Tutors Needed

Can you spare some time on a Tuesday and/or Friday afternoon to assist with homework help for primary and high school students at the St Clair Youth Centre. If you would like to volunteer at the Learning Lounge please contact Pete on 9834 2708 or email us at info@scynt.org.au

Community Advertisements



Winner!
2010 BEST NEW BUSINESS

Classes-

- CHEERLEADING
- BALLET | TAP
- ADULT TAP
- ACROBATIC
- TINY TOTS (AGES 3-4)
- JAZZ, FUNK, HIP HOP
- SINGING & DRAMA | ZUMBA

1st Class Free!

ZUMBA fitness \$12 CASUAL
8 SESSIONS FOR \$80
MON: 7:30PM
WED & THURS: 7PM
SAT: 9AM

NO LIMITS PERFORMING ARTS
Fun, friendly & affordable dancing

UNIT 4A GALLIPOLI ST, ST.MARY'S
T: 0417 047 004
www.nolimitsperformingarts.com.au

Standard
2010 ACHIEVER AWARDS
WINNER

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Churches in St Clair/Erskine Park

St Clair Erskine Park Christian Church

Erskine Park Community Centre, 57 Peppertree Drive, Erskine Park
Sunday services: 9.30am - Sunday School 11.00am - Teaching service
Youth, young adult & mid-week groups
STEP Email: enquiries@stepcc.com Phone: 9670 6952

Cornerstone Baptist Church

James Erskine Public School, Peppertree Drive, Erskine Park
Sunday services: 10.00am and 6.00pm
Website: <http://www.cornerstoneonline.info>
Email: enquiries@cornerstoneonline.info Phone: 9621 7634

Anglican Church, St Clair & Erskine Park

54 Coonawarra Drive, St Clair
Sunday services: 9:30am (with kid's programme) & 7:00pm
Midweek groups for all ages from babies to the retired!
Website: <http://www.risenchrist.org.au> Phone: 9670 1224

St Clair Baptist Church

Blackwell Primary School, Blackwell Avenue, St Clair
Sunday service: 10:00am with Sunday School
Youth, young adult & mid-week groups
Website: <http://stclairbaptist.org.au> Phone: 8840 8201

Holy Spirit Catholic Church

5 Todd Row (corner Moore St), St Clair
Saturday Vigil: 6.00pm
Sunday mass: 8.00am, 9.30am and 6.00pm
Website: <http://www.holyspiritstclair.com.au> Phone: 9670 8222

Uniting Church in Australia - St Clair Congregation

Corner Bennett Road & Autumn Leaf Parade, St Clair
Sunday service: 9:00am
Phone: 9670 3934
Harold When Pre-School Phone: 9834 1636

Pee Wees Playgroup



Fun, play, craft and friendship for carers and their children aged 0-5
Meeting every Tuesday (during school terms) at Cook Parade Neighbourhood Centre from 10am-12pm
ALL WELCOME!!!
For enquiries please call Deni on 0402 034 321

St Clair Youth & Neighbourhood team would like to thank our following supporters in St Clair, Erskine Park and wider areas for their ongoing support and contribution to community life.



ST CLAIR WOLVES BASKETBALL CLUB


Players wanted for 2011 WINTER COMP (30 April - 24 Sept.)

Men & Women Teams from U/10 - Adult
Contact Registrar: Gavin
0478 116 875

yoga

8 week terms
Enjoy the stress-relieving benefits of Yoga!

Yoga in Daily Life Enquires:
Jenny
0403 957 879
stclairyoga@hotmail.com
www.yogaindailylife.org.au
COST: \$125.00
Concession: \$105.00
St Clair
Wednesdays: 7:00 - 8:30pm
Bookings Essential



St Clair Youth and Neighbourhood Team acknowledge our funding from NSW Human Services Community Services and Penrith City Council




Michel's patisserie
St Clair



ST MARYS
EST. 1964
Saints
BASEBALL CLUB

think TRIM'S
think fresh
Fruit and Vegetables (St Clair shopping Centre)



PENRITH CITY COUNCIL
Serving Our Community



Human Services
Community Services



Contours
Fitness for women on the go.